



# THE CARPEY CHRONICLE

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THE Information Resource For Accident Victims In Pennsylvania

## WE ARE COMMITTED

To providing exceptional legal services to each and every one of our clients.

## OUR 5 SATELLITE OFFICES

### ■ Bala Cynwyd

Two Bala Plaza, Suite 300  
Bala Cynwyd, PA 19004

### ■ Malvern

101 Lindenwood Drive,  
Suite 225  
Malvern, PA 19355

### ■ Radnor

Radnor Financial Center  
150 N. Radnor Chester Rd.,  
Suite F 200  
Radnor, PA 19087

### ■ Media

811 N. Providence Road  
Media, PA 19063

### Our Newest Satellite!

### ■ Philadelphia

211 N. 13th Street, Suite 801  
Philadelphia, PA 19107

## LAURA CARPEY'S RECIPE OF THE MONTH

# Hot Louisiana Shrimp Dip

Prep Time: 5 mins  
Cook Time: 10 mins  
Total Time: 15 mins  
Servings: 10

### INGREDIENTS

- 3 spring onions
- 1 red bell pepper/red capsicum
- 1/2 stick butter (60g)
- 1.1 lb raw shrimp (peeled and cleaned) (500g)
- 2 crushed garlic cloves
- 1 cup cream cheese (225g)
- 3 tbsp sour cream
- 1 tbsp creole seasoning (See notes)
- 1 tbsp chopped fresh parsley
- 1 tsp lemon juice
- salt to taste

### INSTRUCTIONS

1. Chop the spring onion and red capsicum into small dice/rings. Reserve the green part of the spring onion for later.
2. Melt the butter in a saucepan over a medium heat.
3. Add the vegetables to the butter, stir to coat and then cook over a medium heat for 4-5 minutes until softened.
4. Chop the shrimp meat into small chunks. Either in half or thirds if your shrimp are jumbo.
5. Add in the prawns and garlic, stir well and cook for 2 minutes until the prawns have turned pink.
6. Stir in the cream cheese, sour cream and creole seasoning.
7. Bring to a simmer and then cook for 2 minutes until everything is thick and creamy.

8. Stir in the lemon juice and parsley then check the seasoning.
9. Serve garnished with the reserved spring onion greens and a little extra parsley.



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If you are a motorist or worse yet, a pedestrian struck by a snowplow operator, what are your rights? The short answer is that if it's a municipality (owned and operated by the city), you will have a harder time bringing a lawsuit since the law grants some immunities to municipalities. If the snowplow is owned by a private contractor, however, there are no immunities. Nevertheless, if you were injured in an accident with a city or privately owned snowplow, call us. We'll let you know your options.

# Watch Out For The Snowplows!



Long time client William Foster with his two dogs... Simba on the left and Fior on the right.

# Finish What You Start



From Guest Contributor Brian Beckom of V & B Attorneys in Houston

Brian is a friend, colleague and fellow trial lawyer and he wrote an inspirational book called *Some Thoughts on Success*. Here's one of his excellent comments.

*"There are two kinds of people, those who finish what they start and so on."* -Robert Byrne

Most of us are pretty good at starting things. Our problem is finishing the things we start. I found these three tips that really do help you go from start to finish:

### 1. Find Your Motivation

Finishing is all about motivation. If you're having trouble finishing what you start, look carefully at why you want to finish in the first place. If you don't really want to finish, then it's probably okay to move on to something different. But, if you really want to finish, one way to motivate yourself is to give yourself some public accountability. Tell a close friend about what you're doing, and ask them to hold you accountable. It's much harder to procrastinate or quit when you make yourself publicly accountable.

### 2. Just Do It

Break your finishing tasks into the smallest little steps you can, then just get started on each little step (As Nike would say "Just do it.") If you can't finish that book you're reading, just focus on finishing the next chapter, the next paragraph, or the next sentence. Take a break and then finish the next chapter. Breaking tasks into the smallest steps you can really makes finishing the overall task much less daunting.

### 3. Then Let People Know

After you've finished your project or challenge or goal, tell people what you've done. It feels great.



*Without You,  
We'd Be Lost  
At Sea!*

*Your referrals continue to be one of the best ways for clients to find our firm. We are honored to assist your friends and family with their legal problems caused by an accident.*

## REMINDER ABOUT OUR FIRM'S COMMUNICATION POLICY

**About us:** We perform very high quality legal work. We are highly competent and we have a highly competent support staff, but we are not perfect. We can make mistakes. We will correct a mistake if we find it or if you point it out.

It is our policy to return phone calls in the order they are received and based on the priority of the

situation. If you leave a message, your call will be returned usually within 24 hours. Some clients feel that calling multiple times in a day will get their call answered faster, but that is not the case. Email is the quickest way to get a response from anyone in the office.

We work by appointment only. Without an

appointment, it is unlikely Mr. Carpey would be able to meet with you.

Please utilize our support staff to answer your questions and to give you status reports. Our legal assistants and paralegals are very experienced and will often be able to respond to your requests.

# March is National Brain Injury Awareness Month



Johnson says most of the patients who come to him with brain injuries suffered their injuries as a result of car accidents.

**Dr. Johnson goes on to outline the different classifications of head injuries, Open and Closed:**

## *Open Head Injury (OHI)*

Open head injuries often come as a result of hitting one's head on any number of surfaces: windshields, steering wheels, etc. These injuries cause bruising and fracturing of the skull, external damages which alert doctors of possible internal trauma to the brain.

## *Closed Head Injury (CHI)*

Closed head injuries are harder to identify. Similar to a hyperextension (or "whiplash") injury, an abrupt stop in an automobile can jostle the brain, pushing it against the skull to

cause bruising, bleeding or tearing with no discernible marks on the skull's exterior. Such injuries can result in brain swelling which, due to the limited space within the skull, might put pressure on the brain, thereby damaging brain tissue.

If you've experienced a head injury and are unsure if you require medical assistance, here is a list of symptoms attributed to mild brain injuries, complements of [TraumaticBrainInjury.com](http://TraumaticBrainInjury.com):

## *Mild Symptoms*

- Fatigue
- Headaches
- Memory loss
- Insomnia
- Balance issues
- Depression
- Seizures

Whether open or closed, not all head injuries are apparent right away, and even mild injuries can require medical attention. If you believe you have in any way suffered a brain injury, you should seek medical attention at once.

The Center for Disease Control and Prevention (CDC) says, every year, 1.7 million people sustain Traumatic Brain Injuries (TBI) with 1.3 million emergency room visits, 275,000 hospitalizations, and 52,000 deaths. The CDC also says that brain injuries are "a contributing factor to a third (30.5%) of all injury-related deaths in the United States."

So, if brain traumas are a major contributor to so many deaths, what is the major contributor to so many brain traumas? In his book "Traumatic Brain Injury Survival Guide," Neurologist Glen



## Stuart's TRIVIA GAME

**Question:** In Pennsylvania, are you permitted to put the actual numbers down on papers that start the lawsuit identifying the amount of money you are looking for in your personal injury case?

**Answer:** No. In Pennsylvania, when a lawsuit is filed, the only amount of money that can be listed in the lawsuit papers is "\$50,000 or less" or "in excess of \$50,000." Those are the only choices. The first option places the case into the arbitration system in the county where suit is filed. The second option places the case into the jury pool system. Ultimately the amount plead has no bearing on how much money you may be compensated for your injuries. Generally if a lawyer thinks his client's case has a potential jury verdict value of \$50,000 or less, it is usually a good idea to plead that and have the case arbitrated, because the case goes to court relatively quickly. There are other benefits to going to arbitration as well. But not all cases belong in the arbitration system. On the other hand, a case that has a large jury verdict potential belongs in the jury pool system. But the plaintiff can still only plead in the lawsuit papers "in excess of \$50,000." That does not mean the jury is limited to finding in that amount. Nor does that mean that the settlement value is only \$50,000. It is solely utilized by the court system to identify that case as a jury case. This is a question that is frequently asked by clients when they are requested to review the lawsuit papers that we intend on filing in court.



# CARPEY LAW

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AVVO is an attorney rating system and Stuart A. Carpey is rated 10.0 - the highest rating AVVO offers.



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## THE

# CARPEY CHRONICLE



Call me with any legal questions about injuries from any accident or medical care.

I promise to give you a straight forward answer.

That's my guarantee.  
**610.834.6030**

## Carpey Law Thanks You For Your Loyalty!

At Carpey Law we are proud that the greatest part of our growth has come from where we have focused our energy and attention on building client relationships and maximizing the settlements and verdicts of our clients' cases. Our focus on client outcomes has also given us the unusual pleasure of very long term relationships with clients and their families, many going back more than 20 years. Our loyalty to and care for our client's interests has been repaid many times over by the loyalty of our clients and their appreciation of our efforts. We are glad to help you or your friends and family with any personal injury or accident matter.

Give this newsletter to a friend.  
They'll thank you for it, and so will I.

*Stuart Carpey*