



THE CARPEY CHRONICLE

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THE Information Resource For Accident Victims In Pennsylvania

WE ARE COMMITTED

To providing exceptional legal services to each and every one of our clients.

OUR 5 SATELLITE OFFICES

- Bala Cynwyd**
 Two Bala Plaza, Suite 300
 Bala Cynwyd, PA 19004
- Malvern**
 101 Lindenwood Drive,
 Suite 225
 Malvern, PA 19355
- Plymouth Meeting**
 600 West Germantown Pike
 Plymouth Meeting Exec.
 Campus, Suite 400
 Plymouth Meeting, PA 19462
- Radnor**
 Radnor Financial Center
 150 N. Radnor Chester Rd.,
 Suite F 200
 Radnor, PA 19087
- Media**
 811 N. Providence Road
 Media, PA 19063

Annual Carpey Family Ski Trip



Thanks to winter storm Quinn, Vermont received three feet of snow in mid-March, creating optimal conditions for skiing for Stuart and daughter Julia.

Julia's 11 month old puppies had mixed reactions to their mom's absence. Piper was happy so long as she was being walked and played with. Penny, on the other hand, clearly wasn't as pleased. Update: Penny is back to her happy self since Julia returned.



BIG MISTAKE. NOW THEY HAVE TO DEAL WITH ME.

I met a new client in my office last week who was in a car accident. Her only concern was that her own insurance company was delaying paying her medical bills. The bills were beginning to pile up.

Big mistake. Now the insurance company has to deal with me. And that's going to cost them a lot more than it would have if they had just been fair and cooperative with my client in the first place and paid her medical bills!

-Stuart A. Carpey

Check It Out! Carpey Law Has A New Website!



After months of researching, designing, and brainstorming, Carpey Law is proud to announce the unveiling of the new website, which can be found at www.carpeylaw.com. The new website is designed to allow consumers to more easily navigate the site and find the information they are looking for faster.

Carefully selected categories give consumers direct and fast access to thousands of videos, blog post, articles and books by Attorney Stuart Carpey. Consumers also have the option to request hard copies of Stuart's books for free.

A client once called Carpey Law "The Information Resource for Accident Victims in Pennsylvania." We kept that in mind when designing the new website. We hope you find all of the information available through the website to be useful for you, your family and your friends and if you need to speak with us personally about an accident or injury case, feel free to give us a call at (610)834-6030!

The Drive To Heal After An Accident Injury



Most athletes are constantly training to strengthen their bodies. As a result, it can be hard for them to rest and rehabilitate after suffering a serious injury. These men and women who have trained themselves to optimum condition view injuries differently than most people. In a way, this can be said of all accident victims. The loss of a routine – whether it is rigorous training or just daily errands – can inspire an injured person to try to recover faster. But it is this drive to return to normalcy following an

injury that can cause complications in the healing process.

“I can just work through it.”

Ignoring the pain can place significant stress on an injury. Overcompensating for an injury – for example, an injured knee – can cause the pain to flare up or even manifest itself in other body parts. Even if the pain seems to diminish, pushing oneself during the healing process can present a slew of problems. It is much better to submit fully to treatment than to ignore an injury.

“I’ve worked too hard to stop training.”

The key here is to focus on long-term goals rather than short-term goals. Trying to soldier on through an injury can make one feel good in the moment, but he or she could be doing some permanent damage in the process. Putting the same discipline and perseverance into one's recovery can help an athlete – and any other accident victim – return to normal faster than expected.

“This is frustrating.”

For an athlete or an accident victim, suffering an injury can be a frustrating ordeal, causing the victim to feel helpless and despondent. But this frustration is normal! Channeling that frustration into the recovery regimen and making use of it as a motivator is one of the best things an injured person can do.

In personal injury cases, athletes and victims have much in common: frustration, impatience, and sometimes a lack of information about the injury and the best ways to treat it. It is important to remember that even though living with an injury is upsetting, it is vital to one's recovery to not only seek the best care but to remain informed about the injury and its implications.

LAURA CARPEY'S RECIPE OF THE MONTH

Lamb Chops with Lemon, Thyme & Mustard Butter

These French-inspired lamb chops cook under the broiler, so they're quick and flavorful.

INGREDIENTS

- 4 Tbs. unsalted butter, softened
- 1 tsp. whole-grain Dijon mustard
- 1 tsp. fresh thyme leaves, lightly chopped
- 3/4 tsp. finely grated lemon zest
- 1/8 tsp. kosher salt; more as needed
- 1/8 tsp. freshly ground black pepper; more as needed
- 8 lamb loin chops (1-1/2- to 2-inch-thick chops; about 3 lb.), trimmed

INSTRUCTIONS

1. In a small bowl, mash together the butter, mustard, thyme, zest, salt, and pepper until well combined. Refrigerate until ready to use.
2. Position an oven rack 5 to 6 inches from the broiler element and heat the broiler to high. Line the bottom of a broiler pan with



foil and replace the perforated top part of the pan. Arrange the chops on the pan. Season both sides of the lamb generously with salt and pepper. Broil until the first side is wellbrowned, about 8 minutes. Turn the chops over with tongs and continue to broil until they're well browned and the center is cooked to your liking, 3 to 5 minutes longer for medium rare (cut into a chop near the bone to check).
3. Transfer the lamb to serving plates and top each chop with a dab of the flavored butter. Serve hot.

Can't Get To Us? No Problem! We'll Come To You.

If you were injured in an accident and do not live close by to one of our offices, don't worry! We can always come to you. Just give us a call at (610)834-6030 and we'll send someone out to your home immediately.



*Without You,
We'd Be Lost
At Sea!*

Your referrals continue to be one of the best ways for clients to find our firm. We are honored to assist your friends and family with their legal problems caused by an accident.

TO THANK YOU FOR EVERY REFERRAL... WE THANK OTHERS!



Each time you make a referral to our law firm, we make a donation to the Wounded Warrior Project, which supports wounded soldiers and veterans.

David Collins, Tyrone Clarkson and Marquis Smith.

Wounded Warrior Project is a nonprofit organization based out of Jacksonville, FL. Their mission is to honor and empower wounded warriors. Its purpose is to raise awareness and to enlist the public's aid for the needs of severely injured service members, to help them aid and assist each other, and to provide programs and services to meet their needs.

Since its inception, Wounded Warrior Project has been successfully easing the troubles of veterans all over the country, and Carpey Law greatly supports these efforts.

For more information on Wounded Warrior Project, or to make a contribution, please visit: www.woundedwarriorproject.org.

Our success is built on referrals from clients and friends. If you know of anyone who might benefit from our services, please feel free give them our contact information.

Thank you to the following people who referred cases to us last month: **Clarence Harris,**

REMINDER ABOUT OUR FIRM'S COMMUNICATION POLICY

About us: We perform very high quality legal work. We are highly competent and we have a highly competent support staff, but we are not perfect. We can make mistakes. We will correct a mistake if we find it or if you point it out.

It is our policy to return phone calls in the order they are received and based on the priority of the

situation. If you leave a message, your call will be returned usually within 24 hours. Some clients feel that calling multiple times in a day will get their call answered faster, but that is not the case. Email is the quickest way to get a response from anyone in the office.

We work by appointment only. Without an

appointment, it is unlikely Mr. Carpey would be able to meet with you.

Please utilize our support staff to answer your questions and to give you status reports. Our legal team is experienced and will often be able to respond to your requests.



CARPEY LAW

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VISIT OUR WEBSITE
carpeylaw.com

AVVO is an attorney rating system and Stuart A. Carpey is rated 10.0 - the highest rating AVVO offers.

This publication is intended to educate the general public about personal injury, medical malpractice, and other issues. It is for information purposes only and is not intended to be legal advice. Prior to acting on any information contained here, you should seek and retain competent counsel. The information in this newsletter may be freely copied and distributed as long as the newsletter is copied in its entirety.

INSIDE THIS ISSUE:

- Check It Out! Carpey Law Has A New Website!
- The Drive To Heal After An Accident Injury
- Laura Carpey's Recipe of the Month
- Can't Get To Us? No Problem! We'll Come To You.
- Big Mistake. Now The Insurance Company Has To Deal With Me.

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EXPERIENCED ATTORNEYS
Always
MAKE A DIFFERENCE!

We want you to think of us as more than just your law firm. We want you to feel a part of our family. We take great pride in our reputation and we are never too busy for your referrals. The highest compliment to our firm is the number of referrals we receive each and every week from our satisfied past and present clients who trust us to handle cases for their family members, friends and co-workers.



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We Appreciate Your Referrals